



Dr Saurav Sekhar Paul

Assistant Professor

Department of Infectious Diseases

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Academic Qualification

Degree	Institution	Year
MBBS	Medical College and Hospital, Kolkata	2009-2014
DM (Infectious Diseases)	AIIMS, New Delhi	2017-2023

Professional Experience

No.	Position	Organisation	From	To
1	Assistant Professor	Department of Infectious Diseases, SGPGIMS Lucknow	June, 2025	Till date
2	Head Consultant	Department of Infectious Diseases and AMSP, Rajagiri Hospital, Kochi	Sept 2024	June 2025
3	Head Consultant	Department of Infectious Diseases, Medanta Hospital, Lucknow	August 2023	July 2024
4	Senior Resident	Department of Infectious Diseases, AIIMS, New Delhi	July 2020	July 2023
5	Junior Resident	Department of Infectious Diseases, AIIMS, New Delhi	June 2017	June 2020
4.	House Physician	Department of Critical Care Medicine, Medical College and Hospital, Kolkata	April 2015	Sept 2015
5	House Physician	Department of Psychiatry, Medical College and Hospital, Kolkata	Oct 2015	March 2016
6	Internship	Medical College and Hospital, Kolkata	Dec 2014	March 2015

LANGUAGES:

1. English
2. Hindi
3. Bengali

RESEARCH INTEREST:

Invasive Mycosis, Neglected Tropical Infections, HIV Coinfections, Transplant Infectious Diseases

MEMBERSHIPS:

1. ESCMID (European Society of Clinical Microbiology and Infectious Diseases)
2. CIDS India (Clinical Infectious Disease Society)

ACCOMPLISHMENTS:

1. Secured Silver Medal, South Zone India, in iCOMPLY audit (CAHO) – certified Centre of Excellence in antimicrobial stewardship
2. Setting up Adult Immunisation and HIV clinic at top-tier hospitals in India
3. Co-author and Co-editor: Extrapulmonary Tuberculosis Guideline and Operational training module (WHO, National TB Elimination Programme, MoHFW, Govt. of India)
4. Awarded certification for Antimicrobial Stewardship Programme from AIIMS, New Delhi
5. Designed and implemented comprehensive Hospital Antimicrobial Policy and surgical prophylaxis guidelines at Rajagiri Hospital, Kochi
6. Co-authored AIIMS Antibiotic Policy App, 2019 (Play Store)
7. Developed AIIMS Departmental Website: www.aiimsmedicine.org
8. Invited faculty speaker at HISICON 2025, PULMOCON 2025, APICON 2025, BOID 2025, UP-UK MICROCON 2026 and multiple other national conferences

PUBLICATIONS:

1. **Paul, Saurav Sekhar** et al. “Tomato flu: misnomer for a common disease.” *The Lancet Respiratory medicine* vol. 11,1 (2023): e3.doi:10.1016/S2213-2600(22)00371-X.

2. **Paul, S. S.**, Mohan Lal, B., Ray, A., *et al.* (2021) Pneumothorax and pneumomediastinum in patients with COVID-19: A retrospective study from tertiary care institute in India. *Drug discoveries & therapeutics*, 15(6), 310–316.

3. Megha Priyadarshi, **Saurav Sekhar Paul**, Sunit Sikdar, Naveet Wig, Manish Soneja, Antibiotic-induced Bartter-like syndrome: a systematic review, *Journal of Antimicrobial Chemotherapy*, Volume 80, Issue 7, July 2025, Pages 1784–1791,

4. Gourav, S., **Paul, S. S.**, Singh, G., Soneja, M., Xess, I., Mishra, H., Rana, B., Gupta, S., & Pandey, M. (2024). Imported Case of Disseminated Blastomycosis in India. *Mycopathologia*, 189(2), 21.

5. Ray, A., Bharath, Sinha, S., & **Paul, S. S.** (2019). A smartphone comes to the rescue during tracheostomy. *Critical care (London, England)*, 23(1), 25.

6. Sagiraju, H. K. R., Elavarasi, A., Gupta, N., Garg, R. K., **Paul, S. S.**, Vig, S., *et al.* (2022). The Effectiveness of SARS-CoV-2 Vaccination in Preventing Severe Illness and Death - Real-world Data from a Cohort of Patients Hospitalized with COVID-19. *Indian journal of community medicine: official publication of Indian Association of Preventive & Social Medicine*, 47(4), 510–516.

7. Sirohiya P, Elavarasi A, Sagiraju HKR, Baruah M, Gupta N, Garg RK, **Paul SS et al.** Silent Hypoxia in Coronavirus disease-2019: Is it more dangerous? -A retrospective cohort study. *Lung India*. 2022 May-Jun;39(3):247-253. doi: 10.4103/lungindia.lungindia_601_21. PMID: 35488682; PMCID: PMC9200195.

8. Vig, S., Meena, J. K., Kumar, A., Rathore, P., Bhan, S., Sirohiya, P., Goswami, G., Elavarasi, A., Sagiraju, H. K. R., Gupta, N., Ratre, B., Pandit, A., Singh, R., Kumar, B., Garg, R., Meena, V. P., **Paul, S. S.**, Mohan, A., Guleria, R., & Bhatnagar, S. (2023). Mortality in Two Waves of COVID-19: A Comparative Analysis of a Tertiary Care Hospital in India. *Cureus*, 15(9), e45025.

9. Kumar, R., **Paul, S. S.**, Meena, V. P *et al.* (2020). Holistic approach to patient care in COVID-19: Need of an hour. *Journal of family medicine and primary care*, 9(10), 5423–5424. https://doi.org/10.4103/jfmpe.jfmpe_1589_20

10. Kumar, R., **Paul, S. S.**, Meena, V. P., Tiwari, P., Bhatnagar, S., & Mohan, A. (2021). Fifty Shades of COVID-19 - Immune Thrombocytopenic Purpura in HIV-TB-COVID Co-Infection. *Journal of family medicine and primary care*, 10(7), 2703–2705. https://doi.org/10.4103/jfmpe.jfmpe_1939_20

11. **Paul SS**, Kumar R, Meena VP, Ramprasad A, *et al.* Clinical Characteristics And Outcomes of 16 Cases With COVID19 and Mucormycosis: Experience From A Tertiary Care Center In India and Review of Literature. doi:10.21203/rs.3.rs-533347/v1. PPR: PPR343825.

12. Mohit C, **Paul SS**, Meena CP, Ajmal Z. Anaphylactic Reaction to Parenteral Artesunate. *Clin Case Rep Int.* 2023; 7: 1455

13. Satish Swain, **Saurav Sekhar Paul**, Adarsh Aayilliath *et al.* 842. Histoplasmosis: An observational study from northern India in non-HIV population., *Open Forum Infectious Diseases*, Volume 10, Issue Supplement_2, December 2023, ofad500.887

14. Megha Priyadarshi, Manish Soneja, **Saurav Sekhar Paul**, Ayush Agarwal, Praveen Kumar Tirlangi, Shilpa Sachan, Nimesh Gupta, Naveet Wig, 436. SARS-CoV-2 Seropositivity and Association with Dengue Severity in Adults, *Open Forum Infectious Diseases*, Volume 10, Issue Supplement_2, December 2023, ofad500.506

BOOKS:

1. Author of "Training Module on Extrapulmonary Tuberculosis 2023" by WHO and Ministry of Health and Family Welfare, India. Served as a co-editor and co-author for chapters on Lymph node TB, Pleural TB, Tuberculosis diagnostics, Treatment, and Follow-up.

